

## Clinical Case Study Awarded

### Heel granted Hans-Heinrich Reckeweg Clinical Case Award 2015 to Colombian Dr. Sergio Andrés Laasch Arbeláez

**Baden-Baden (Germany) – On Saturday, Heel awarded the Colombian physician Dr. Sergio Andrés Laasch Arbeláez the Hans-Heinrich Reckeweg Clinical Case Award. Dr. Laasch Arbeláez received the Main Award for his case report on treating a patient with a spinal cord injury. With the Hans-Heinrich Reckeweg Clinical Case Award, the German pharmaceutical company highlights the significance of practice-based evidence in medicine.**

The winner of this year's Main Award of 10,000 Euros was Dr. Sergio Andrés Laasch Arbeláez. In his clinical case he describes the treatment of a male patient with a lacerating spinal cord injury. This kind of a spinal cord injury is the second leading cause of spinal cord trauma and relatively common. For his patient, Dr. Laasch Arbeláez developed an integrative post-surgery treatment protocol with the aim to increase the autoregulatory capacity of the patient. The protocol included comprehensive dietary recommendations, early oral treatment and the parenteral therapy applied intradermally and subcutaneously at the level of the lesion and two segments above and below the lesion. Already after two months of the treatment remarkable recovery of the patient was noticeable and after less than five months he was able to walk with crutches.

Dr. Myron Schultz, Head of Global Medicine at Heel, comments: "Dr. Laasch Arbeláez has achieved impressive results in this clinical case, especially considering the fact that the chances of substantial recovery of a patient with such a spinal cord injury normally are very poor."

The Runner-up Award of 5,000 euro was granted to pediatrician Dr. Hernán Villalón from Chile. In his report he presented the successful multitarget bioregulatory treatment that substantially improved the quality of life in the case of a bronchial obstructive condition of a junior school patient.

"The Hans-Heinrich Reckeweg Clinical Case Award strengthens the position of practice-based evidence as a recognized scientific method in the medical world," emphasizes Dr. Alta Smit, Director Global Medical Affairs & Research at Heel.

### About the Clinical Case Award

The “Hans-Heinrich Reckeweg Clinical Case Award” has been established by Biologische Heilmittel Heel GmbH to encourage health care practitioners to share their clinical experience in the field of integrative medicine by generating observational evidence as case reports. The competition is based on the recognized criteria set up by the CARE guidelines for clinical case reporting. With the “Hans-Heinrich Reckeweg Clinical Case Award”, Heel encourages clinical researchers to publish their case reports in peer-review journals.

*Heel is a pharmaceutical company that develops, manufactures and distributes medicines based on natural substances. The company is a pioneer in the field of scientific research in natural healthcare. In cooperation with academic institutions, Heel actively fosters the concept of integrative medicine to improve patient care and health. The ‘Biologische Heilmittel Heel GmbH’ with its corporate headquarters located in Baden-Baden/Germany and a staff of nearly 1,400, achieved an annual turnover of 213 million Euros in 2014 – 65 percent of it outside of Germany. Heel medicines are available through subsidiaries and distribution partners in over 50 countries around the world. [www.heel.com](http://www.heel.com)*



Reckeweg\_Award\_2015.jpg: Dr. Sergio Andrés Laasch Arbeláez from Colombia (Main Award, 2nd f. r. in the picture) and Dr. Hernán Villalón from Chile (Runner-up Award, 2nd f. l.) were presented with their awards by Dr. Alta Smit (center) and Dr. Myron Schultz (l.). The ceremony was hosted by Dr. David Riley (r.), Chair of the CARE Steering Committee. Photo: Heel.

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